

Dr. Robert Wysocki

DeQuervain's Tenosynovitis – Non-operative Treatment

A Wrist and Thumb Static splint is molded for continual wear for 3-6 weeks in the following position:

- Wrist: Neutral
- Thumb CMC: 45 degrees of palmar and radial abduction
- Thumb MCP: 10 degrees flexion
- Thumb IP: do not immobilize

Splint will be discontinued either when the patient is asymptomatic or at a time designated by the physician