

Dr. Robert Wysocki

Distal Radius Fracture – Percutaneous pin

Patient is casted for first 5 weeks while pins in place.

5 Weeks: Pins removed. Post operative day #1:

Splint: Volar cock up splint fabricated. Splint is progressively weaned off as tolerated over 1-2 weeks unless otherwise stated. The splint should be continued in at risk activities to 10 wks

Motion: AROM/PROM forearm and wrist

8 weeks:

Continue ROM as above.

Gradual progressive strengthening is added as tolerated.

10 Weeks:

As above, may consider static or dynamic splinting if indicated.

Full activity as tolerated without immobilization