

Dr. Wysocki
Ulnar nerve transposition with AIN to ulnar nerve transfer

2 weeks post op:

The post operative dressing is removed, sutures are removed. The patient is fitted with a custom dorsal blocking splint per the parameters set at surgery.

2-6 weeks post op:

The splint is continued and wrist and MP's are extended by 10-15 degrees each week

Range of motion is initiated:

Intrinsic ROM within confines of splint

MP flexion with IP extension

MP flexion with IP extension combined with resisted forearm pronation

Digital abduction and adduction

Digital abduction and adduction with resisted forearm pronation

6 weeks post op:

The splint is discontinued.

Full digital and wrist range of motion is progressed.